

Agenda and Workshop Guide for '**Amazing Learning Day**' Participants
Your Day and Date: Tuesday, July 10, 2012

Ser	Aspect	Particulars
1	Agenda	<p>Anytime after 8:15 a.m.: Sign in, pick up your learning materials, network with other learners.</p> <p>8:50–9:00 a.m.: Enhance Your Learning with guest yoga leader – introduce relaxation into your body, mind & spirit to prepare for your learning day.</p> <p>9:00–11:30 a.m.: MUCKLE Mapping with Jim Muckle – bring your own projects to work on, the more complex, the better.</p> <p>11:30–12:30 p.m.: Lunch – own arrangements. Restaurant in hotel. Others nearby.</p> <p>12:30–4:15 p.m.: Ultimate Reading Solution Program live online webinar with Howard Berg (World's Fastest Reader - Guinness, 1990).</p> <p>4:15–4:30 p.m.: Feedback, draw prizes, completion.</p>
2	Location Directions	<p>Chimo Hotel – check notice board for meeting room on arrival. 1199 Joseph Cyr, Ottawa ON, K1J 7T4 / Hotel Tel: (613) 744-1060</p> <p>Take St.Laurent exit from Queensway OR Take bus to St. Laurent stop and walk to Chimo Hotel.</p> <p style="text-align: center;">** Call Jim Muckle at (613) 841-4332 (mobile) anytime **</p>
3	Your Projects	For the MUCKLE Mapping workshop in the morning, please bring along any project or other information you might like to work with.
4	Reading Materials	All workshop materials will be provided in English. If you'd prefer to work with materials in French or in another language of your choice, particularly for Howard Berg's Ultimate Reading Solution Program in the afternoon, please bring practice reading text materials in the language of your choice for your use during the workshop.
5	Clothing & Footwear	Dress comfortably, including footwear, but please avoid jeans, shorts and open sandals. The opening yoga session will be conducted with participants sitting in their chairs and doing stretches that would help them to increase their productivity in an office environment. You may wish to bring a light sweater to be comfortable.
6	Parking	Free parking is available in the Chimo Hotel parking lot.
7	Snacks & Drinks	Coffee, tea, water and mid-morning & mid-afternoon fruit & vegetable snacks will be provided. Participants are invited to have a brain-friendly breakfast before arriving to help them prepare for their own ' <i>Amazing Learning Day.</i> ' You may wish to bring a close-topped water/coffee/tea container to help minimize the potential for spills.
8	Lunch	Participants make their own lunch arrangements. There is a restaurant in the Chimo Hotel. Other restaurants, and the St. Laurent Mall food court, are nearby.
9	Additional Equipment	You may wish to bring a digital camera to take pictures of any visual summaries produced over the course of the Day.
10	Additional	If additional administrative/logistical information would be helpful, please let us know.

Note: Please contact Jim Muckle at (613) 841-4332 / 1-888-384-6666 if you have any questions or suggestions.